

InVISIBLE FACES

AIM:

The technique presents an opportunity for introspection, immersion into one's imagination, thoughts, images, relationships, as well as creative expression in the form of a portrait of one's face. It strengthens self-respect in the sense of to what extent and what exactly the young people want to share with a group.

TYPE OF ACTIVITY:

opening activity

TARGET GROUP:

group size: any size

age: 15–25 years

gender: any gender

DURATION:

- ▶ activity introduction and explanation of portrait-making: 10 minutes
- ▶ creating portraits: 45–60 minutes (varies according to the group size)
- ▶ reflection and conclusion: 15–30 minutes (varies according to the group size)

ACCESSIBILITY:

- ▶ creative work at the table
- ▶ a verbal presentation of the created output

MATERIALS:

- ▶ photos of the participants' faces printed on A4 format papers
- ▶ firm transparent plastic sheets (also possible to cut punch pockets)
- ▶ permanent markers to trace contours of a face
- ▶ firm A3 size papers to paste the back
- ▶ runny translucent glues
- ▶ scissors
- ▶ colour magazines
- ▶ coloured pencils, marker pens, eventually other writing implements

PROCESS:

The activity consists of 3 steps. First is to guide the participants through the process of how to create their own InVisible face. Next, each of them creates their InVisible face individually. The last step is the collective reflection of outputs, conclusion and, if needed, linking the activity to the following one.

REFLECTIVE QUESTIONS:

- ▶ Was it difficult or easy for us to create the portrait?
- ▶ Has anything crossed our minds during the making process that we did not think about yet?
- ▶ Did we have a clear idea of what to create, or did we get it from looking through pictures, slogans, and words in magazines?