

GENDER BIOGRAPHY

AIM:

The aim is to engage with one's own gender identity.

TYPE OF ACTIVITY:

depends on the group; opening or in-depth activity

TARGET GROUP:

variable group size, 13 years and older participants

DURATION:

- ▶ 40 to 60 minutes

ACCESSIBILITY:

- ▶ none

MATERIALS:

- ▶ printed questions
- ▶ pencils

PROCESS:

Each small group (4 to 5 people) get a paper with questions regarding gender biography. The group members should talk about them and make notes. Afterwards, the groups discuss their findings in the large group with all the other participants. The following questions can lead the discussion:

- ▶ How was it for you to answer these questions?
- ▶ Have you thought about these topics and questions before in your life?
- ▶ Did you learn something new? About yourself or other people?
- ▶ Do you find it important to deal with these questions? Why? Why not?
- ▶ If the group had been formed differently regarding the gender mix, would this have changed the discussion? If yes, how or why?
- ▶ Is there something you want to share with the whole group?
- ▶ Which topics that you discussed in this exercise would you like to explore deeper?

ALTERNATIVE VERSION:

If the group is tiny, the participants can think about the questions individually before they will discuss them in the whole group.