

# IDENTITY FLOWER

## AIM:

---

The aim is to think about one's own identity, possible characteristics perceived by self and others and to illustrate diversity.

## TYPE OF ACTIVITY:

---

opening activity

## TARGET GROUP:

---

group size and age: variable

## DURATION:

---

- ▶ ca. 45 to 75 minutes

## ACCESSIBILITY:

---

- ▶ none

## MATERIALS:

---

- ▶ printed sample for the flowers
- ▶ paper (white and different colours, patterns, sizes — A4 to A2)
- ▶ different pencils and drawing materials
- ▶ other materials to decorate and design the flowers such as feathers, pearls, glue, etc.

## PROCESS:

---

Each person creates their flower (draw, glue, etc.). As a starting point, we can use a printed model or a blank piece of paper (size and colour should be selectable). The name of the person or how they want to be called will be written in the centre of the paper. In the petals of the flower, there will be written different aspects, characteristics and/or features which the participants decide for themselves. After this, the created flowers will be presented in groups of two or the whole group. Similarities and differences will become visible.

It is important that negatively perceived aspects are allowed and talked about as well. Furthermore, it is possible to discuss how the flower would have turned out if it had been created for someone else. Negatively (internally and externally) perceived characteristics should only be expressed by the flower author. Due to this, insulting or uncomfortable attributions can also be talked about.

If everybody agrees, the flowers can be displayed in the classroom as a flower meadow.