

MY RELATIONSHIPS

AIM:

The aim is to discuss different facets of identity/ies, the recognition of differences and the uniqueness of every individual.

TYPE OF ACTIVITY:

opening activity

TARGET GROUP:

variable

DURATION:

- ▶ 35 to 45 minutes

ACCESSIBILITY:

- ▶ none

MATERIALS:

- ▶ paper
- ▶ pencils

PROCESS:

At the beginning, it is recommended to engage with these opening questions:

- ▶ Which relationships are important to me?
- ▶ How do I create them in my daily life?
- ▶ How much space do I give them and why?

The participants draw themselves or write their name on a piece of paper. Next, on the same paper, participants lay out people and relationships significant to them around their name/figure.

As a result, a relationship map is created.

After this, the maps can be presented and talked about in the group. We can discuss what was difficult, challenging, and good about this exercise. Furthermore, the categorization of relationships and what they mean to us can be talked about. This exercise is extremely personal. Because of this, presenting the map in front of the whole group is voluntary.

Possible questions for the discussion:

- ▶ How was it to portray your relationships?
- ▶ What stood out to you?
- ▶ What kinds of different relationships do you have?
- ▶ Are there some relationships that have more impact on your life than others?
- ▶ What is a relationship to you?

WHICH CARD FITS?

AIM:

Introduction to the subject areas of economy, relationships, power, money, and gender.

TYPE OF ACTIVITY:

opening activity

TARGET GROUP:

10 people and more; variable age

DURATION:

▶ 15 to 25 minutes

ACCESSIBILITY:

▶ ability to read

MATERIALS:

▶ printed terms (one per participant)

PROCESS:

The printed parts of the terms will be put in a box. Each participant pulls a piece out and tries to find the person with the complementary term (version 1) or the same term (version 2). When everybody has found their partners, they talk about their terms.

Possible leading questions:

- ▶ What do you know about this term?
- ▶ What is its connection to the economy and money?
- ▶ Is there a connection to gender? Why? Why not?
- ▶ Are you interested in these or similar topics?

Afterwards, there will be a discussion in the large group about the conversation between the partners. Possible questions can be:

- ▶ What did you talk about?
- ▶ What would you like to tell the group?
- ▶ Is there anything you want to know about more?

VERSION 1:

The printouts contain 2 word parts that form one term.

VERSION 2:

Each term is printed 2 times.