

# STORYTELLING

## AIM:

With this technique, we aim to understand the meaning of personal stories of people who have specific life experience — in our case, it was the experience of people living with a physical or mental form of disability.

## TYPE OF ACTIVITY:

deepening activity

## TARGET GROUP:

**group size:** max. 30 participants

**age:** 15–25 years

**gender:** any gender

## DURATION:

- ▶ work with an introductory worksheet with questions and a worksheet with a story-related illustration — 15 minutes
- ▶ work with a story worksheet and reflection on participants' initially answered questions — 30 minutes
- ▶ joint final reflection — 30 minutes

## ACCESSIBILITY:

- ▶ listening/reading
- ▶ output presentation

## MATERIALS:

- a set of story-related worksheets
- ▶ an introductory worksheet with questions
- ▶ an illustration worksheet
- ▶ a story worksheet
- ▶ a worksheet with questions for reflection on participants' initial answers

## PROCESS:

Divide participants into 4 groups. Each group finds a place (ideally) without distractions from the other groups. First, all groups will receive the introductory worksheet with questions and the worksheet with an illustration. For now, we will not hand out the story sheet and the sheet for reflecting on participants' initial answers. Each group's task is to think about the questions and answer them in the context of the illustration.

As soon as the participants have finished their work in groups, they will receive the next worksheet — the worksheet with a story. Each group reads the story worksheet to understand the context of the illustration with which they worked in the previous part of the activity.

After reading the story, the groups return to the intro worksheet with questions and their initial answers. Now, each group's task is to reflect on whether they would or would not change their initial answers after they have read the story which expands on the illustration and provides some context. When reflecting on the initial answers, the questions — which are included on the worksheet with questions for reflection on the initial answers — can be helpful.

## REFLECTIVE QUESTIONS:

Ask each group one by one to summarize — based on their worksheet with questions for reflection on the initial answers — the most important information: What was their initial interpretation of the illustration? What was the actual story about? In what and why did their interpretation differ from the actual story? In what ways have their perception of the story changed? After each presentation, we leave room for questions from other groups and a discussion. Frame the discussion according to the theoretical background corresponding to the particular story.