

# THE BOAT

## AIM:

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For creating a functional cooperative workshop setting, it is key to set up a set of rules which will make it possible. This gives the group a chance to think about what a good work setting should be like, creates a safe space, and overcomes the barrier between the group and the facilitator.

## TYPE OF ACTIVITY:

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opening activity

## TARGET GROUP:

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**group size:** any size

**age:** 15–25 years

**gender:** any gender

## DURATION:

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- ▶ with consideration to the group size, the activity should not exceed 30 minutes

## ACCESSIBILITY:

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- ▶ writing
- ▶ discussion

## MATERIALS:

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- ▶ a flipchart or a larger paper with a prepared drawing
- ▶ coloured marker pens
- ▶ writing implements
- ▶ materials for sticking the paper(s) on the wall (e.g. masking tape)
- ▶ Post-it notes

## PROCESS:

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Before this workshop activity, the facilitator is equipped with a flipchart with a drawing of a boat on the sea. There are figures on the deck; the sun is shining on them. The picture serves as a template for filling in concrete rules. The participants are asked to think about the rules that should apply during the whole workshop. Before the facilitator writes any of them down on the picture, all participants must agree on it. If somebody does not agree with a rule, it is possible to ask them to rephrase it so that the group reaches consensus.